

DANCE TEMPLE AGREEMENTS

**WELCOME TO OUR FREEFORM MOVEMENT TEMPLE!
HERE WE HAVE COLLECTIVELY DECIDED TO:**

PRACTICE NO TALKING AND NO DEVICE USE IN THE DANCE SPACE – If you need to talk, please step off the dance floor. Gently remind others with a gesture if needed. Keep devices off the dance floor—use them elsewhere.

PARTICIPATE CLEAR AND SOBER TO FULLY EXPERIENCE THE JOURNEY – We encourage you to be fully present and lucid. Sobriety is the aim of the dance itself—the journey to being okay with yourself as you are. We acknowledge that some people need to medicate themselves in various ways, and ask for discretion and grounded presence within the dance space.

BE MINDFUL, COMPASSIONATE AND AWARE – Respect our own bodies and the bodies of others. Listen to your own limits. Be mindful of large movements near others, loud sounds near people's ears, and hold others with acceptance regardless of differences or background.

DEEPEN INTO EMBODIED EXPRESSION – Enjoy your own personal dance or create movement with others if there's mutual agreement.

RESPECT A SOLO DANCER'S RIGHT TO THEIR SPACE WHEN APPROACHING OTHERS:

- **LOOK FOR AN INVITATION:** EYE CONTACT AND BODY LANGUAGE THAT INDICATES A 'YES' – Before dancing with someone, tune into their body language for a clear yes or no.
- **RESPECT ANY FORM OF 'NO'** (LIKE WHEN THEY MOVE AWAY OR AVOID EYE CONTACT) – Respect that a person's willingness to dance can change from moment to moment.
- **HANDS IN PRAYER MEANS 'NO THANKS' OR THANK YOU FOR THE DANCE** (THAT JUST ENDED) – Either person can end a dance encounter at any time by moving away, avoiding eye contact, or bowing with hands in prayer.

SUPPORT OUR CHILDREN – Parents, please monitor your children. Help us by asking your children to be mindful of their voices during opening and closing ceremonies.

**THIS IS A TRANSFORMATIONAL SPACE FOR
HEALING, PRAYER, JOY, SADNESS AND EVERYTHING IN BETWEEN.**

SAFETY & SUPPORT: The Dance Temple Collective is always available for any feedback, questions, or concerns. Please bring anything directly to a facilitator or Care Team member. We reserve the right to uninvite individuals from the space if others are feeling unsafe with their presence. If this cannot be respected, we will call in greater structural support. We also have a protocol in place for conflict resolution. Please inquire with a facilitator for more information.

**PLEASE BRING ANY FEEDBACK OR CONCERNS DIRECTLY TO
A DANCE TEMPLE FACILITATOR.**